

## **Mi Via (New Mexico's Self-Directed Waiver)**

The "Mi Via" is a home and community based alternative to institutional long-term care placement for individuals who are currently receiving waiver services.

### **Who is eligible? An individual who is:**

Currently receiving services, or has received an allocation for services under the Developmental Disabilities Waiver, Disabled & Elderly Waiver, Medically Fragile Waiver, or AIDS Waiver.

**Individuals with brain injuries also will receive a direct allocation for Mi Via.**

**How do I apply?** Contact the Aging & Long Term Services Department: 1-800-432-2080.

### **What are the benefits?**

- Full Medicaid
- Case Management
- Personal Support Services\*\*
- Homemaker/Companion services\*\*
- Nursing\*\*
- Community Living Supports
- Non-Medical Transportation
- Therapies (Occupational, Physical, Speech/Language) \*\*
- Respite
- Tier III Crisis Services
- Environmental Modifications
- Personal Planning Facilitation Services
- Goods and Services
- Outlier Services
- Behavioral Support Consultation
- Assisted Living
- Home Health Aide\*\*
- Nutritional Counseling
- Adult Day Health
- PLUS goods and services not available through Medicaid or other Waiver Programs

(Note: \*\* Indicates services for children from birth up to age 21 that will be provided under EPSDT/Salud! and not under the existing waiver)

**Who do I call for information?** You may contact New Mexico Aging & Long-Term Services Department at 1-800-432-2080.

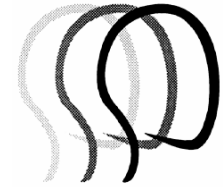
**The Brain Injury Association of New Mexico (BIANM)** is a private, nonprofit organization comprised of individuals with brain injury, family members, friends and professionals in NM. We are a chartered affiliate of the Brain Injury Association of America.

### **Mission Statement**

The mission of the BIANM is to create a better future through brain injury prevention, intervention, research, education and advocacy.

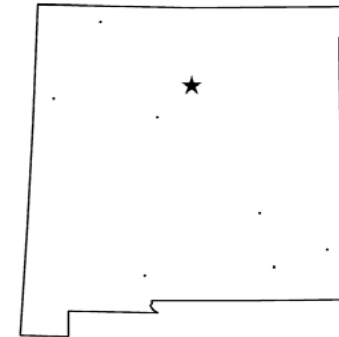
### **What We Provide:**

- Operate a hotline for services and supports
- Monitor and Advise about Public Policy
- Distribute Educational Materials
- Teach about brain injury and prevention
- Provide Peer Mentorship
- Assist with applying for public services
- Provide assistance with applying for Mi Via
- Assist with Medical visit preparation



## **Brain Injury Association of NM**

## **New Mexico's Home and Community Based Waiver Comparison Brochure**



**Brain Injury Association of  
NM**

121 Cardenas NE  
Albuquerque, NM 87108  
Phone: (505) 292-7414  
Toll Free: 1-888-292-7415  
Email: braininjurynm@msn.com  
Website: www.braininjurynm.org

**It is important to make informed decisions about services and supports for you or a family member. Here are the options and the eligibility criteria for the waiver services in New Mexico.**

**Medically Fragile Waiver**

The Medically Fragile Waiver is a home and community based alternative to institutional long-term care placement for individuals who are both developmentally disabled and medically fragile.

***Who is eligible? An Individual who has:***

- Developmental Disability
- Medically fragile condition
- Diagnosed prior to age 22
- Meet ICF/MR level of care

***How do I apply?*** You can go to your local Income Support Division office (also known as the food stamp office or welfare office) or your Developmental Disabilities Supports Division Regional Office and fill out the Waiver Services Registration form (MAD 325).

***What are the benefits?***

- Full Medicaid
- Case Management
- Home Health Aide\*\*
- Nursing\*\*
- Therapies (Occupational, Physical, Speech/Language)\*\*
- Respite Care Services
- Nutritional Counseling
- Psychosocial counseling

(Note: \*\*Indicates services for children from birth up to age 21 that will be provided under EPSDT/Salud! and not under the existing waiver.)

***Who do I call for more information?*** Contact the office of the Developmental Disabilities Supports Division at 1-877-696-1472.

**Developmental Disabilities Waiver (DD Waiver)**

The DD Waiver is a home and community based alternative to institutional long-term care placement for individuals who have a developmental disability.

***Who is eligible? An individual who has:***

- Developmental Disability or a specific related condition (**Brain Injury with IQ below 70**)
- Diagnosed prior to age 22
- Meet ICF/MR level of care

***How do I apply?***

You can go to your local Income Support Division office (also known as the food stamp office or welfare office) or your Developmental Disabilities Supports Division Regional Office and fill out the Waiver Services Registration form (MAD 325).

***What are the benefits?***

- Full Medicaid
- Case Management
- Nursing \*\*
- Therapies (Occupational, Physical, Speech/Language)\*\*
- Personal Support Services\*\*
- Nutritional Counseling
- Respite
- Tier III Crisis Services
- Non-medical transportation
- Environmental Modification
- Community Inclusion Services
- Community Living Supports
- Behavioral Support Consultation
- Goods and Services
- Outlier Services
- Personal Planning Facilitation Services

(Note: \*\*Indicates services for children from birth up to age 21 that will be provided under EPSDT/Salud! and not under the existing waiver.)

***Who do I call if I would like more information?***

You may contact the office of the Developmental Disabilities Supports Division at 1-877-696-1472.

**Disabled & Elderly Waiver (D&E Waiver)**

The D&E Waiver is a home and community based alternative to institutional long-term care placement for individuals who are disabled and/or elderly.

***Who is eligible? An individual who has:***

- Elderly (65 or older), or persons, all ages, with a disability (blind or disabled)
- Meet nursing facility level of care

***How do I apply?***

You can go to your local Income Support Division office (also known as the food stamp office or welfare office) and fill out the Waiver Services Registration form (MAD 325). Or you may also contact the Aging & Long Term Services Division at 1-800-432-2080.

***What are the benefits?***

- Full Medicaid
- Case Management
- Homemaker/Companion services\*\*
- Nursing\*\*
- Respite
- Bowel and Bladder Services\*\*
- Environmental Modifications
- Therapies (Occupational, Physical, Speech/Language)\*\*
- Assisted Living
- Adult Day Health

(Note: \*\*Indicates services for children from birth up to age 21 that will be provided under EPSDT/Salud! and not under the existing waiver.)

***Who do I call if I would like more information?***

You may contact the NM Aging & Long Term Services Department at: 1-800-432-2080.